

# May

# 2019

## CVA Skill Sessions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 3:30-4:30 15-18 Serve/ Serve Receive	7 3:20-4:10 13-18 Setters 4:10-5:00 13-14 Offense	8 3:30-4:30 10-12 All Skills	9 None	10	11
12	13 3:20-4:10 15-18 Serve/ Serve Receive 4:10-5:00 13-18 Setters	14 3:20-4:10 13-18 Setters 4:10-5:00 13-14 Offense	15 3:30-4:30 13-18 Middle Hitters	16 3:20-4:10 13-18 Setters 4:10-5:00 13-18 Hitters	17	18
19	20 3:20-4:10 15-18 Serve/ Serve Receive 4:10-5:00 13-18 Setters	21 3:20-4:10 13-18 Setters 4:10-5:00 13-14 Offense	22 3:30-4:30 13-18 Defense	23 3:20-4:10 13-18 Setters 4:10-5:00 13-18 Hitters	24	25
26	27 None	28 3:20-4:10 13-18 Setters 4:10-5:00 13-14 Offense	29 3:30-4:30 13-18 Defense	30 3:20-4:10 13-18 Setters 4:10-5:00 13-18 Hitters	31	